



## OFFICE LUNCH

£10

The HERA express lunch menu.  
A one course meal with a main and sides.

— House water for the table - Still or Sparkling —

### HERB-FED CHICKEN

Boneless, grilled baby chicken  
Served with rice and salad

### GRILLED SEABASS FILLET

Served with marinated, roasted baby potatoes & salad

### WINGS

Grilled Chef's signature marinated chicken wings  
Served with fries and rice

### STUFFED AUBERGINE

Fried ½ aubergine stuffed with finely chopped heritage  
tomatoes and Feta cheese, served with rice

### OREGANO BEEF PATTIES

Grilled beef patties - a unique Greek recipe  
Served with fries and rice

### GREEK RAGU PASTA

Greek baked pasta on a bed with beef ragu bolognese and  
béchamel sauce on top, served with salad

### LAHANIKA PASTA

Vegan pasta with baked aubergine, courgette and tomato  
sauce  
Served with salad

— Add a fresh juice for £6 —

#### GREEN DETOX

Cucumber, Spinach  
Green Apple

#### PURPLE DETOX

Beetroot, Apple,  
Ginger

#### ORANGE DETOX

Carrot, Mango

A discretionary optional service charge of 12.5% will be added to your bill. Please always inform your server of any allergies or intolerances before placing your order. Not all ingredients are listed on the menu and we cannot guarantee the total absence of allergens. Detailed information on the fourteen legal allergens is available on request, however we are unable to provide information on other allergens