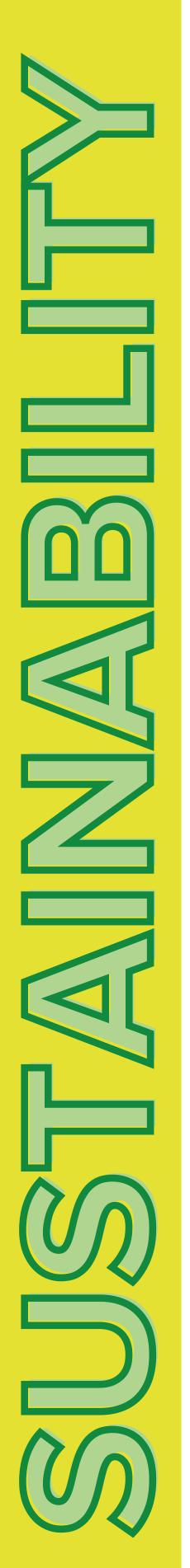
GETARE TASTEAUTUMN - WINTER 2024/25









WORKING ON 80%



FREIGHT BAN AIR ΟΝ LL PRODUCE Δ

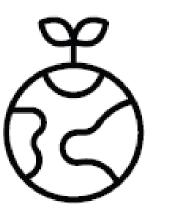
HOT MEALS & SNACKS FOR ALL STAFF ON SHIFT





LONDON LIVING WAGE EMPLOYER



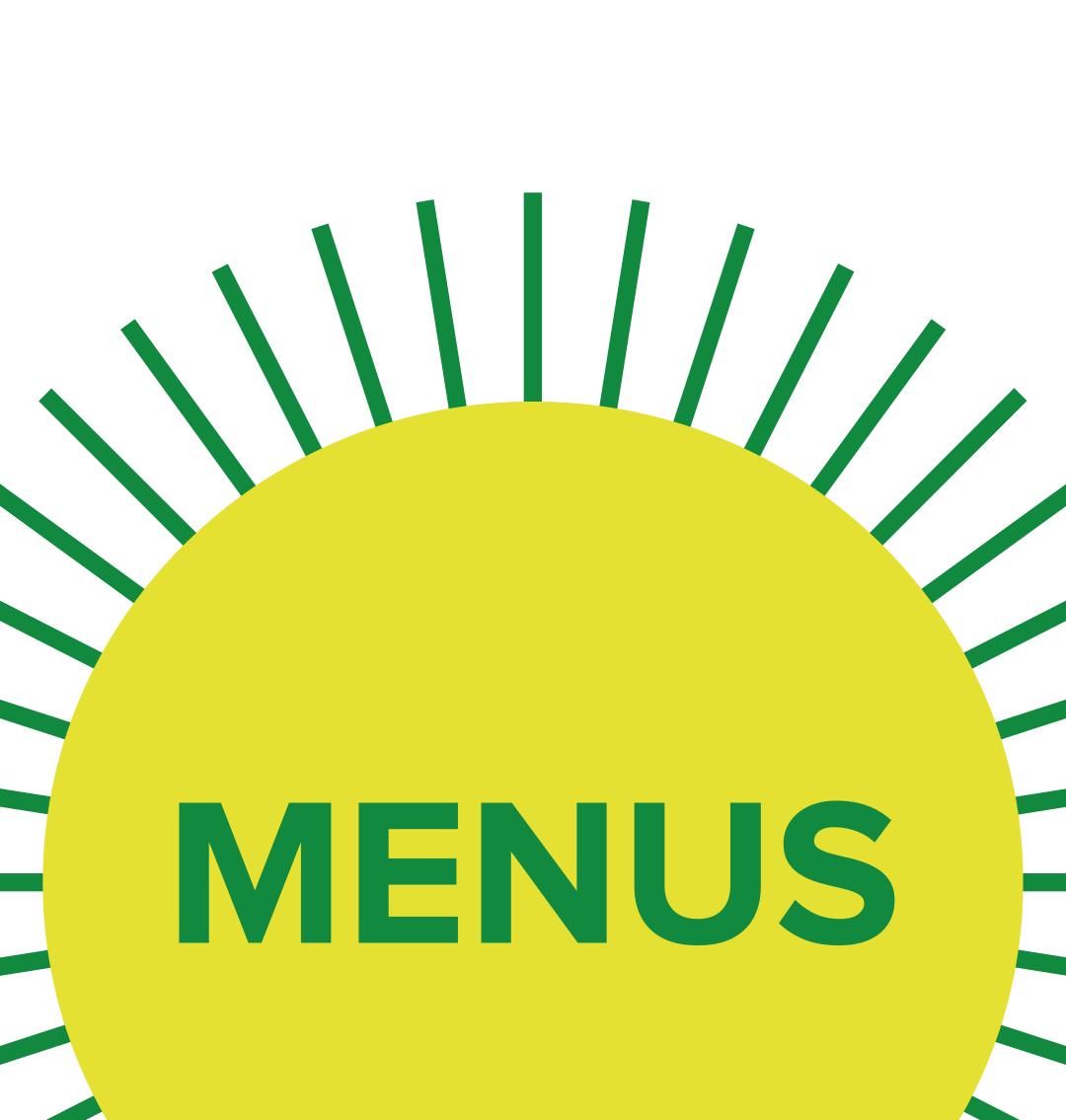


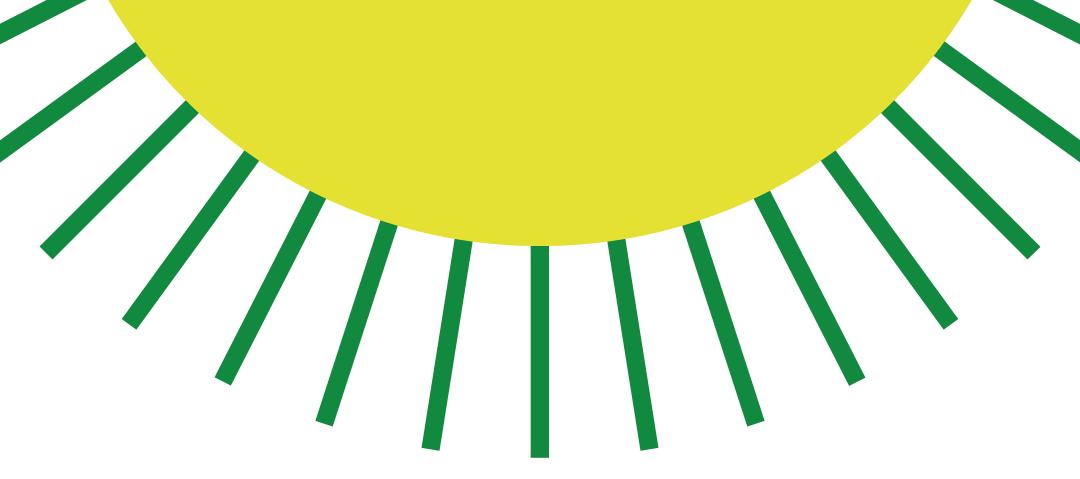
100% SEASONAL SOURCING

OF ALL PRODUCE SOURCED FROM UK **BY 2026** COLLABORATING WITH LOCAL, ETHICAL SUPPLIERS LIKE GOOD & **PROPER TEA!**



和川 CULTURE CORE See Share







Autumn salad



Caramelised parsnips, kale, pan roasted chestnuts, poached conference pear, toasted hemp seeds (ve, NGCI)

Roasted Za'atar spiced cauliflower charred hispi cabbage, red quinoa, carrot hummus, carrot shavings (ve, NGCI)

Tartare of rainbow beetroots pickled red cabbage, vegan feta, sanguinello orange, grilled baby gem, orange and rapeseed dressing (ve)

Wholewheat pasta

sautéed mixed wild mushrooms, stilton, truffle and artichoke pesto





B

Caramelised squash & burella spinach, crispy shallots, toasted pumpkin seeds, cherry molasses (ve)

Adults Need Around 2000 kcal a day Calculations provided are per average serving

Pad Thai style rice noodles Atlantic prawns, edamame beans, vegetable

spaghetti, 'PeaNot' butter dressing (NGCI)



Smoked Cornish mackerel

chickpeas, semidried tomatoes, rocket, tahini and lemon dressing (NGci)

Sticky soy pulled duck sesame and soy roasted aubergines, scallion, coriander and chilli salad (NGCI)





Harissa spiced chicken



bulgur wheat, raisins, coconut and lemon labne, toasted coconut shavings

Foodsteps and calorie information are based on bowl food servings.

Adults Need Around 2000 kcal a day Calculations provided are per average serving





Butternut squash tagine, sauteed winter greens Moroccan spiced cous cous, preserved lemon (ve)



Chickpeas and split pea dahl, pilau rice, roasted cauliflowers lime pickle, cauliflower leaves and onion bhaji (ve)



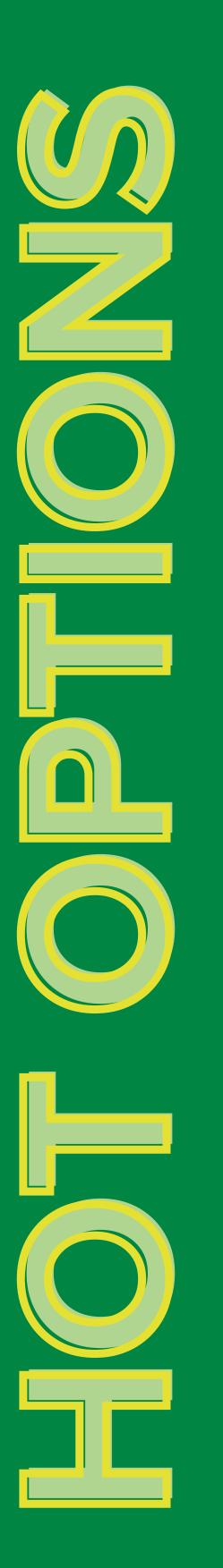
Teriyaki roasted tofu, sweet potato katsu, sticky rice, homemade pickles (ve)



Mixed wild mushrooms, carrots and lentil 'Shepherd' pie, olive oil whipped mash, parsley crumb (ve)



Moqueca style curried Tilapia, roasted sweet peppers, charred



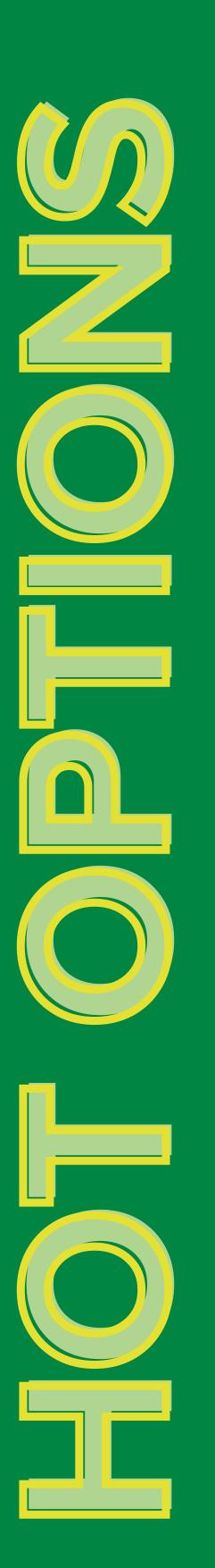
bok choi, steamed rice, coriander and scallions



Taco spiced Coley bites, refried beans, red quinoa, pickled red onions, sweetcorn, corn tortilla, tomatillo salsa (NGCI)

Foodsteps and calorie information are based on bowl food servings.

Adults Need Around 2000 kcal a day Calculations provided are per average serving



Fish and chips with tartar sauce and lemon





Mixed seafood Bouillabaisse with hake, clams, mussels and Atlantic prawns, slow roasted leeks, saffron potatoes (NGCI)

Lemon and thyme roasted free range Norfolk chicken, truffled celeriac mash, smokey oyster mushroom, oyster mushroom and treacle jus (NGCI)

Berkshire Venison haunch goulash, paprika spiced caramelised swedes, steamed potatoes, cornichons

Pressed slow cooked pork shoulder with orange and star anise, roasted

root vegetables, London honey jus (NGCI)



Lamb Keema, Bombay potatoes, pomegranate seeds, coriander and mint yoghurt

Foodsteps and calorie information are based on bowl food servings.

Adults Need Around 2000 kcal a day Calculations provided are per average serving





Pear and chocolate crumble, vanilla cream (ve) 351 KCal

Sticky toffee pineapple pudding, caramel sauce (ve) 346 KCal

Orange and Chocolate cake, chocolate custard (ve, NGCI) 367 KCal

Spiced Pumpkin Panacotta, rosemary Chantilly, Toasted Pumpkin Seeds (ve, NGCI) 269 Kcal



Cherry Parfait, cherry compote, Chocolate Crunch (ve, NGCI) 275 KCal

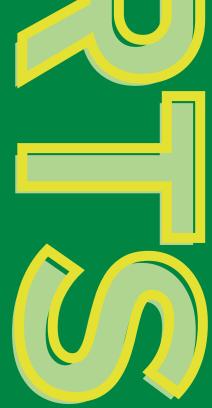


Mocha Coffee Mousse, Chocolate Coffee bean (ve, NGCI) 296 KCal



Foodsteps and calorie information are based on bowl food servings.

Adults Need Around 2000 kcal a day Calculations provided are per average serving



If you're with us for a full day why not opt for a days package which includes:

- Fairtrade coffee and tea with Danish pastries, juices and smoothies
- Fairtrade coffee and tea with homemade treats
- Fairtrade coffee and tea
- Your chosen lunch option
- Filtered water with all of the above breaks and lunch

Box food £47.50 menu only / £61.50 daily package Bowl food £51.00 menu only / £64.50 daily package



BOWL FOOD

A MIX OF TASTIER OPTIONS

BOX FOOD

A GREAT WAY FOR YOUR GUEST TO EAT ON THE GO, IDEAL FOR NETWORKING EVENTS!



Fairtrade coffee + tea	3.75
Fairtrade coffee + tea with biscuits	4.25
Freshly baked mini pastries and croissants	3.75
Blackberry and chia seed pot, apple compote (ve)	3.90
Golden raisin and banana overnight oats (ve)	3.90
Coconut yoghurt with prunes and toasted oats (\	3.90 /e)



4.95

5.65

Breakfast baps Scrambled egg, bacon or sausage

Breakfast pots Vegan, vegetarian or full English breakfast options



SWEET ADDITIONS

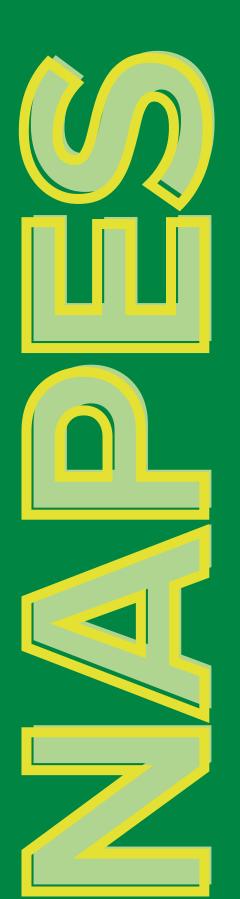
- Quinoa and apricot flapjack 3.90
- Cranberry and orange loaf (ve) 3.90
- Candied lemon madaleine (ve) 3.90
- Raspberry jam doughnuts (ve) 3.90
- Date, rye and banana loaf (ve) 3.90
- Stem ginger cake (ve) 3.90
- Coconut + cherry cake (ve, NGCI) 3.90

SAVOURY ADDITIONS

Selection of savoury mini pastries 3.90



Red pepper + onion frittata Smoked tomato chutney	3.90
Savoury muffin	3.90
Sausage roll / vegan roll	3.90
Chipotle chicken quesadilla Smoked cheese and lime sour cream	3.90
Kimchi fritter (ve) Spring onion mayo	3.90
**All prices are ex vat and are valid fr 1st October 2024– 31st March 202	



CHOOSE ANY 6 CANAPES FOR £24

11/1

CHOOSE ANY 8 CANAPES FOR £32



Toasted tofu and sesame tart (ve) Garlic chips and mayo

Corn taco, sauteed wild mushroom (ve) Crispy kale

Caramelised squash tart (v) Lovage pesto, sunflower seeds

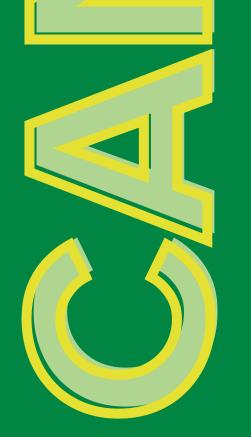
Mini pizzas Choose mozzarella / grilled courgette / smoky chorizo

Fish & chips

Citrus cured Chalk Stream trout blinis With avruga and lime

Smoked mackerel crispy cone Preserved lemon and pickled mooli

Mini fish pie, pea gel



Chicken & stilton tart Spiced pear chutney

Mini smoked chicken burger Spiced red onions

Lamb samosa preserved lemon mayo

Duck rilette, pickled winter berries

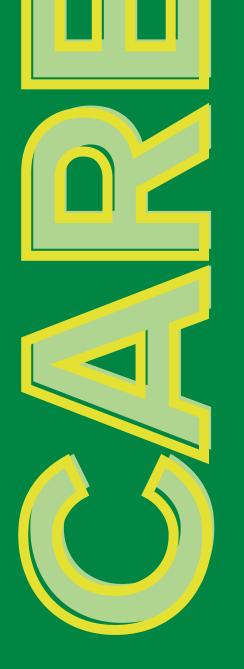


BOTTLED BEERS-SELECTION OF BRITISH BEERS FROM £5.80

PROSECCO £41

The Care wines are part of an eco-conscious approach to be carbon neutral and support biodiversity, the packaging follows an ecodesign and the winery offsets their carbon emissions.

They have totally converted to certified organic production (ICEA body) and for more than 10 years, has played an active role in La Fabbrica Sostenibile of Confindustria di Alessandria, an annual event in which companies in the province pledge their commitment to reduce the environmental footprint, to improve the conditions of the local community and to promote the development of the territory.



The ever-dynamic Planeta continue to move their inspirational projects forward. They have launched a wine made with grapes grown on the slopes of Mount Etna, beginning an environmental project called Planeta Terra.

If you would like to try something different, then speak with your Taste Event Manager, who will match a wine to your catering option.

ALL DRINKS PACKAGES INCLUDE:

Red and white wines

Bottled beers

Canned drinks

Mineral water

Fruit juices



PACKAGE 1 £17.85

ONE HOUR UNLIMITED DRINKS PACKAGE

PACKAGE 2 £29.00

TWO HOURS UNLIMITED DRINKS PACKAGE

PACKAGE 3 £36.50

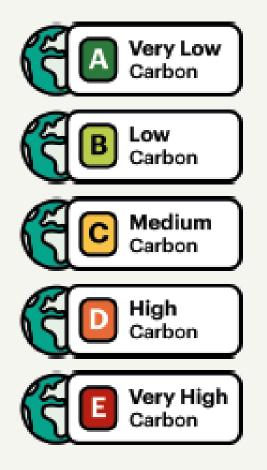
3 HOURS UNLIMITED DRINKS PACKAGE

What do these labels mean?

Help your customer make planet conscious food choices.

Did you know that an A-rated label from us means your recipe or product aligns with the Paris Climate Agreement's goal of limiting global warming temperature of 1.5°C?

Rating Key



Share your commitment to sustainable menus with your customers using comprehensible carbon labels.





www.foodsteps.earth

We can provide allergen information for all of our dishes, speak with your QEII Taste Event Manager for further details.

Cereals Containing Gluten

Crustaceans

Eggs

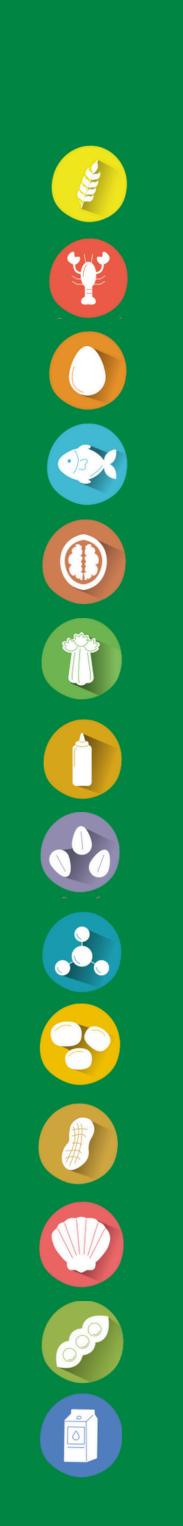
Fish

Nuts

Celery

Mustard

Sesame Seeds





Sulphur Dioxide + Sulphites

Lupin

Peanuts

Molluscs

Soyabeans

Milk

GETARE TASTEAUTUMN - WINTER 2024/25

