

LIFE'S KITCHEN NETWORKING LUNCH MENU 2024



Life's Kitchen
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LIFE'S NETWORKING LUNCH PACKAGE OPTIONS

PLEASE CHOOSE ONE
OF THE FOLLOWING

A LOVE OF FOOD &
A SENSE OF OCCASION

- MENU A -

SANDWICHES

Roast Beef & Horseradish Mayo on White Roll

Coronation Chicken Wrap

Egg & Cress on Sliced White Bread (V)

Avocado, Tomato, Rocket & Onion Relish
on Sliced Brown Bread (VG)

FINGER FOOD

Crispy Cod Cheeks

Classic Tartare Sauce

Butternut Squash
& Vegan Cheddar Tartlet (VG)

SALADS

Sweet Potato, Halloumi
& Rocket Salad (V)

Waldorf Salad (V)



DIETARY REQUESTS ARE CATERED FOR WITH PLEASURE

- MENU B -

SANDWICHES

Parma Ham, Olive & Grilled Zucchini
on Wholemeal Bread

Mediterranean Tuna Sandwich on White Ciabatta

Mozzarella, Pesto & Beef Tomato on Focaccia (V)

Grilled Pepper, Aubergine
& Vegan Whipped Feta Cheese Wrap (VG)

FINGER FOOD

Grilled Lemon & Herb Chicken Skewers

Spinach & Ricotta Frittata (V)

SALADS

Cucumber & Tomato Salad
with Pickled Red Onions (VG)

Pesto Pasta Salad
with Toasted Pine Nuts & Parmesan (V)



- MENU C -

SANDWICHES

Sliced Turkey, Monterey Jack Cheese
& Coleslaw on Wholemeal Bread

Prawn with Lemon Mayo on White Roll

Egg Salad, Paprika Mayonnaise on Ciabatta (V)

BBQ Jack Fruit & Avocado Wrap (VG)

FINGER FOOD

Tuna Melt

Cheesy Arancini
with Spicy Tomato Dip (V)

SALADS

Classic Caesar Salad
with Toasted Croutons (V)

Rainbow Slaw (VG)



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